



I am going to Camp Encourage September 23rd & 24th!

Sometimes it's difficult to experience new things.
This slideshow is designed to help me prepare for
my time at Camp Encourage!





Camp Encourage will take place at

Heartland Retreat Center

To prepare & find out more information, I can visit
their website (click [HERE](#)),

I can also look through the schedule for the weekend
that will be posted in advance!



There are adults to help me while I'm at camp.

I will be assigned a counselor who will be there to help
and support me.

My counselor will reach out to me before camp so I
can know their name and find out a little about them!



When I arrive, someone will greet us in our car. They will direct us to my cabin where I will be dropped off and meet my counselor and the rest of my group.



When I arrive at my cabin,
someone will greet us and help
me bring my things inside.

I will get to choose my bed in
my assigned room.

An adult will help me make my
bed and get settled in.



I will be sharing a space
with other campers close
to my age.

I can make new friends
and learn to be around
those who are different
from me.





I may have the opportunity to go on a Zipline while I am at camp! For details about the high rope course at Heartland (including a helpful video), click [HERE](#).



I may also get to ride a horse! If I do, it will be required to wear closed toed/closed heeled shoes. I will also want long pants!



Some fun activities might include getting to play on blow up slides, doing a craft activity or even making soap!



Another special activity
may be roasting
marshmallows and
enjoying s'mores by the
campfire.



At camp, they understand if things are hard and I need help calming down or understanding something.

I will have access to fidgets, weighted blankets and visuals should I need them!





I will not be forced to try things I am uncomfortable with.

I will be encouraged to watch if I do not want to participate.

At camp, we say “Your challenge, your choice”

Camp Encourage is a place to be ME!
It's a place to feel good about each of my
ABILITIES and STRENGTHS!!



We cannot wait to see you at camp!

