

OCTOBER 2021 MENU



Iced cold water is available at each table and is encouraged at each meal.

SATURDAY

Lunch

Chicken Nuggets
Homemade Mac N Cheese
Salad
Fresh Fruit
Fresh Veggies

Dinner

Tacos
Flour tortillas
Ground Beef
Refried beans
spanish rice
Toppings
Salad

At all times of the day, Camp Encourage also has a plethora of individually wrapped healthy snacks (examples include Z Bars and popcorn) available within your groups..